

COURSE OVERVIEW

POSITIVE PARENTHOOD



WHAT IS IT?

Positive *Parenthood* is a relationship based parenting course. All parents participate in 12 group sessions and one individual coaching session.

- Positive *Parenthood* was developed
- by Robin Hauge, Ph.D. CCC-SLP
- after decades of work with families
- facing challenging situations. It is
- for all kinds of families, children,
- and parents.

TOOLS

Positive *Parenthood* supports community building; cohorts of parents learn together and support each other. Parents are asked to share experiences with each other.



- Parents learn a new tool each week.
- They make a video of them practicing the tool with their families each week.

VIDEOS

Using videos as the central part of our learning means that families have to share vulnerable parts of their story, and it also means that we can really address what is going on for the parent and child.

- Every week, parents submit a video of them with their child the previous week. We watch the videos as a class, and use them to learn from each other and think about what strategies would work best in each situation.

WHEN? WHERE?

Traditional Course

Walnut Creek, CA
Mondays 6-9pm
January 28- 2019-April 29
No class February 18 or April 1

Online Course

Watch A 1-Hour Lecture Each Week
Discussions Sunday 8-9am PST
January 27-April 8
No class February 17 or March 31



SIGN UP NOW

Super Early Bird (November): \$1,198
Early Bird (December): \$1,298
Regular Registration (Jan): \$1,398
50% Deposit Due To Reserve Space

- Want more info? Wondering if this is for you? Robin offers
- **complimentary consults.** Email chelsey@positiveparenthood.org to set up a time to chat!

REGISTER @ WWW.POSITIVEPARENTHOOD.ORG
TO RESERVE YOUR SPOT TODAY